

I have sought peace, energy, and spirituality in many places: diet, exercise, religion, psychotherapy, work, and medicine. However, I have not found any of those 'places', at least never for very long, getting only fleeting glimpses of what might be...until now.

Through Reiki, in the healing hands and sensitive heart of Wendi Hermsen, I have found a peace, energy, and spirituality beyond what I thought possible. I have a sense of connection to a universal and eternal flow of life and love. My energy level is greater than what I had twenty years ago. I bike for fifteen miles or more and feel great. People I work with sense a positivity they find inspiring. I enjoy myself in the present like never before. Reiki does not in any way call itself a religion but, for me, it is the ultimate spirituality. It feels like the truth behind all religious traditions stripped of all the man made rituals and dogma. It is pure energy and love.

It was the serenity I first saw in Wendi which attracted me to her. I sensed that if anyone could help me find peace it would be her. In my past, I'd say that I was lucky to have found her. Now, I feel it was a loving guidance which brought me to her. My life and perception of life have been transformed. There is something very special and very real in Reiki.

Rich R.,
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